

## TTT Volunteer Packing List

- Sleeping bag or blankets and sheets
- Pillow
- Bath towels and washcloths (2 each)
- Toiletries and shower supplies
- Bag or shower tote for transporting toiletries
- A pair of flip flops or shower shoes
- Shorts (minimum of 5)
- Shirts (minimum of 5)
- A pair of long pants
- 2 sweatshirts or long-sleeve shirts
- Pajamas (non-revealing nightwear)
- Raincoat or poncho
- 2 pairs of closed-toe shoes
- 2 swim suits
- 2 pool towels

- Sandals or flip flops for the pool
- Socks and undergarments
- Sunscreen
- Insect repellent
- Water bottle
- · Flashlight & extra batteries
- Battery powered alarm clock
- Creek stomping outfit (clothes and closed-toe shoes that will get extremely muddy and possibly ruined)
- 2 white t-shirts for paint wars/tie dye
- Notebook
- School backpack
- Pens/pencils
- Laundry basket or bag
- Wrist watch

## Suggested but not required

- Personal entertainment items/laptop
- · Personal snacks for the staff lounge
- Cell phone and charger
- Fitted sheet for use under your sleeping bag
- Lock Box for presription and over-the-counter medications to be taken at camp\*\*\*

Please refer to Bear Creek's dress code policy to determine which clothing items are appropriate for camp.

We will provide you with three meals a day. However, many volunteers like to keep their own snacks or drinks on hand to utilize during their time off.

\*\*\*Any medications to be taken at camp must be locked. You are welcome to keep these medications in the health center and can ask the nurse for access at any time. The use of your medication will not be monitored. If you want to keep your medications with your belongings, you must bring a lock box to store them in.