

BEAR CREEK

Volunteer Packing List

- Sleeping bag
- Pillow
- Bath towels and washcloths (2 each)
- Toiletries and shower supplies
- Bag or shower tote for transporting toiletries
- A pair of flip flops or shower shoes
- Shorts (minimum of 5)
- Shirts (minimum of 5)
- 3 pairs of long pants
- 3 sweatshirts or long-sleeve shirts
- Pajamas (non-revealing nightwear)
- Raincoat or poncho
- 2 pairs of closed-toe shoes
- 2 swim suits
- 2 pool towels
- Sandals or flip flops for the pool
- Socks (lots) and undergarments
- Sunscreen
- Insect repellent
- Water bottle
- Flashlight & extra batteries
- Battery powered alarm clock
- Creek stomping outfit (clothes and shoes -not flip flops- that will get extremely muddy and possibly ruined)*
- Caving outfit (long-sleeve shirt, pants, and closed-toed shoes that will get muddy and possibly ruined)**
- Paint Wars outfit (white t-shirt, shorts, undergarments, and running shoes that will get covered in paint and possibly ruined)
- Bible
- Notebook
- School backpack
- Pens/pencils
- Wrist watch
- Laundry bag for dirty clothes

Suggested but not required

- Personal entertainment items/laptop
- Personal snacks for the staff lounge
- Cell phone and charger
- Fitted sheet for use under your sleeping bag
- Lock Box for prescription and over-the-counter medications to be taken at camp***

Please refer to Bear Creek's dress code policy to determine which clothing items are appropriate for camp.

*This is only needed for counselors assigned to Discovery, Pioneer, Pirates, Sports I, or Music, Arts, & Drama.

**This is only needed for counselors assigned to Middlers, Sports II, Night Owls, Thrill Seekers, Seniors, or CIT.

We will provide you with three meals a day. However, many staff like to keep their own snacks or drinks on hand to utilize during their time off. Please feel free to bring these items with you to staff training so that you have snack food on hand when you want it.

***Any medications to be taken at camp must be locked. You are welcome to keep these medications in the health center and can ask the nurse for access at any time. The use of your medication will not be monitored. If you want to keep your medications with your belongings, you must bring a lock box to store them in.